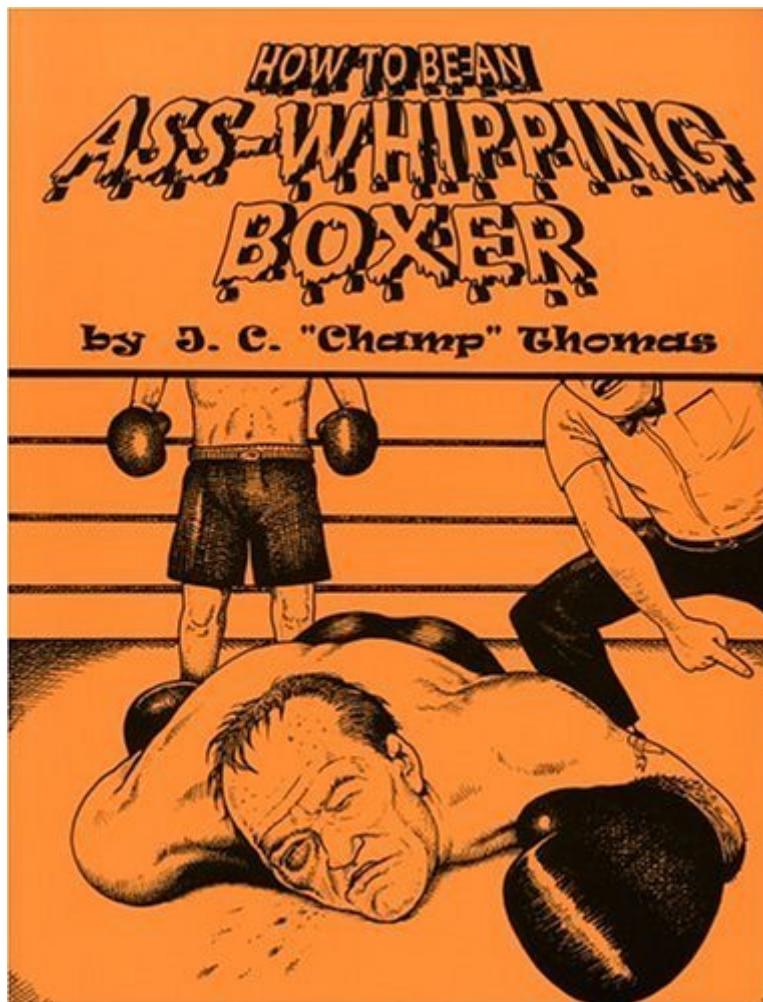


The book was found

How To Be An Ass-whipping Boxer



Synopsis

When Champ Thomas was nearly sixty, he took on twenty challengers and beat them in less than fifteen minutes. This wasn't even a light workout for him, he'd say; in his time he'd taken on a hundred. Now this book offers you a step-by-step roadmap to success, whether you are a beginner, an amateur, a professional, or just someone who wants to know more about boxing and the art of self-defense. Have fun with this volume - there's a load of information in here if you follow Champ's advice and read each section carefully, perhaps more than once. "I've given perfect examples," he writes. "Now it's your job to surpass the perfection herein."

Book Information

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Customer Reviews

If you are fortunate enough to find or purchase a copy of this book -- GET IT! It is an extraordinary manual on boxing and fighting knowledge. The author is someone many young people may have never heard of, but his insights and experiences came from a lifetime of fighting. We are talking about over 50 years of experience, fighting in the streets, the military, plus boxing, wrestling and Boom battle (10 - 20 guys go in and only 1 comes out) matches. Much of the knowledge within 'Ass Whipping Boxer' comes from the author's time fighting during the depression and war years, as well as his years spent as a boxing instructor in the U.S. Navy. It gives excellent instructions on

footwork, training, stance, offensive and defensive techniques, ring strategy as well as sharing plenty of Champ's own personal exploits on how he garnered first hand knowledge of the efficacy of his fighting techniques. Some may not believe it, while others, like myself, will believe! All I know is, after reading this book you may also recognise some of the same techniques described within it, being used by a current, undefeated and very successful world champion boxer, who also happens to be renowned for his boxing defensive and offensive skills, as well as his high \$\$\$ earning prowess. Whether you are curious, or serious, about learning to be an 'Ass Whipping' boxer -- buy this book! Then use the lessons within it, to abuse your opponents in the ring!

do not spend your money on this over hyped book. It's not any good.

I haven't read the whole thing yet, but so far I like it . A lot of old school Knowledge

it is very simpley written, and illistrated. very good information, and very entertaining. Champ is a man who should be on everyones list to meet.

I came across this book in the form of PDF format online. This is a very hard book to find. I was shocked to seethe price listing on this book. I have no idea why someone would try to con someone out of 80.00 for this book. If you want the book free you can email me and I will give a copy for your own reviewing. Here is my contact info - Fightmonks @ Gmail (dot) com. This book is entertaining in many ways. The boasting is a little to much, but makes for a nice laugh in some sections. The part I agreed with the most is the section on the "StoneWall Defence" This in my studies and sparring has proven to be true. Floyd Mayweather uses it alot. The crouch was also used heavily by Rocky Marciano, as it provides a temp. safe haven for the boxer while he loads up for the big cross, or overhand. I look forward to your emails. Don't spend the 80\$. I will hand it to you for free. Peace & BLessings

It's pretty cool and unlike any other fighting book I've seen. It's got some cool bizarre techniques, it's very unorthodox. This book is a collection of Champ's small books from the 70s and early 80s, so it can be a little repetitive when you go from one book to another. Champ mostly shows a stance with your lead hand low protecting your body and rear hand high protecting your face/head. Champ calls it the "Stonewall Defense" stance since it doesn't leave you open and it's mostly about counter punching. You're kind of like a coiled cobra and he shows you how to strike with speed and power.

It does seem to have its faults for self-defense though- since your lead hand is low, you block right hand power punches with your shoulder and that could really weaken your arm against a bare fist. Champ does say that the stonewall "will make a minor contribution to general personal defense" and that it's mostly for "all students of boxing." I saw Aaron Pryor, a great champ from the 80's, using a similar stance on ESPN Classic. The opponent shown in the book looks unskilled and leaves himself open, which really makes "your" techniques and stance shine. He says that the stance is difficult to learn and it is, especially if you're used to the normal guard with both hands up. I don't think his stance is as perfect as he claims but he is entertaining to read. As far as boxing goes, if you can make this book work for you it's worth five stars. The advice on power is very interesting and is my favorite part of the book. Champ Thomas is supposed to be famous but I've searched the net and can't find anything at all about him.

My main gripe about this book is that it isn't complete enough in terms of its being a "how-to" manual. There are no photos, just drawings -- with fighters in positions which sometimes seem anatomically unlikely. Photos would be substantial proof of the value of the author's advice, while drawings *may* be proof. Additionally, there is a lot of unnecessary prattle and not enough in terms of the details of what to actually do. You'd expect, for example, a list of common punch-sequences to master, as found in other books. I also wonder if the author, who claims to have knocked out dozens of opponents in a single *day*, wasn't simply blessed with unique knockout power and perhaps speed. In other words, I'm skeptical that anyone who faithfully follows the techniques in the book will actually become a... boxer unless he is similarly blessed. Still, there is enough in here to make it worthwhile. Again, I'm a complete boxing novice, so perhaps my ignorance blinds me to the true value of this book. In any case I plan on reading several others on the subject. This one is certainly not a be-all-and-end-all.

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